




# COUDERSPORT ELEMENTARY MENU: OCTOBER 2015



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	ALTERNATES:
			<b>October 1: Day 2</b> Walking Taco Rice Fresh Veggies Fruit Choices	<b>October 2: Day 3</b> French Toast Sausage Tater Tots Juice Fruit Choices	<b>Monday: PBJ</b> <b>Tuesday: Hot Dog</b> <b>Wednesday: Turkey</b> <b>Thursday: Ham &amp; Cheese</b> <b>Friday: PBJ</b>
<b>October 5: Day 4</b> Pizza Green Beans Tossed Salad Fruit Choices	<b>October 6: Day 5</b> Sloppy Joe Oven Fries Fruit Choices	<b>October 7: Day 6</b> Chicken Tenders Mashed Potatoes Dinner Roll Fruit Choices	<b>October 8: Day 1</b> Nachos w/Meat & Cheese Fresh Veggies Pudding Cup Fruit Choices	<b>October 9: Day 2</b> Pierogies Onions & Marinara Sauce Sunshine Carrots Fruit Choices	Salad Bar is offered daily. 
<b>October 12:</b> TEACHER IN-SERVICE DAY NO SCHOOL FOR STUDENTS	<b>October 13: Day 3</b> Fish Shapes Oven French Fries Tossed Salad Fruit Choices	<b>October 14: Day 4</b> Chicken Patty on Roll Mixed Veggies Fresh Veggies Fruit Choices	<b>October 15: Day 5</b> Tacos Fresh Veggies Rice Fruit Choices	<b>October 16: Day 6</b> Falcon Chicken Bowl Dinner Roll (Mashed Potato, popcorn chicken, corn, gravy, and cheese) Fresh Veggies and Fruit	<b>Fresh Veggies Include:</b> Broccoli, Carrots, Red & Green Peppers, Cucumbers, Grape Tomatoes, and Ranch Dipping Cup
<b>October 19: Day 1</b> Turkey & Cheese on Pretzel Roll Broccoli & Cheese Fruit Choices	<b>October 20: Day 2</b> Pork BBQ Curly Fries Fresh Veggies Fruit Choices	<b>October 21: Day 3</b> Rotini Green Beans Tossed Salad Garlic Breadstick Fruit Choices	<b>October 22: Day 4</b> Soft Shell Taco Lettuce & Tomato Fresh Veggies Goldfish Grahams Fruit Choices	<b>October 23: Day 5</b> Toasted Cheese Tomato Soup & Crackers Fresh Veggies Fruit Choices	 <b>VEGGIES ARE AWESOME!</b>
<b>October 26: Day 6</b> Pizza Seasoned Corn Tossed Salad Fruit Choices Cherry Jello	<b>October 27: Day 1</b> Meatball Sub Cheesy Cauliflower Fruit Choice Apple slices  <u><b>APPLE CRUNCH DAY</b></u>	<b>October 28: Day 2</b> Chicken and Biscuit Dinner Roll Fresh Veggies Fruit Choices Strawberries	<b>October 29: Day 3</b> Bacon Cheeseburger Corn Fresh Veggies Fruit Choices Strawberry applesauce	<b>October 30: Day 4</b> Lasagna Tossed Salad Halloween Treat Orange Jell-O Fruit Choices	 <b>MILK IS INCLUDED                      WITH ALL MEALS:</b> FF Chocolate, 1% White, Skim FF Strawberry
			<b>MENUS                      ARE                      SUBJECT                      TO                      CHANGE</b>	 <b>Delicious!</b>	Student Full Price Lunch: \$1.70 Student Reduced Lunch: \$ .40 Full Price Breakfast: \$1.20 Reduced Breakfast: \$ .30 Adult Lunch: \$3.00 Extra entrée: \$1.15

AS NEEDED, A CONDIMENT TABLE WILL BE AVAILABLE IN THE CAFETERIA TO DRESS YOUR BURGERS, NACHOS, TACOS, ETC.  
 PLEASE KNOW THAT FRESH FRUIT IS OFFERED DAILY.